



M A R C O B A R B E R A

F I N E A R T N U D E P H O T O G R A P H Y



# THE SECRETS OF A SUCCESSFUL FINE ART NUDE PHOTO SESSION

Fine art nude photography is an experience. Not only for its aesthetic result, but also for what it can represent. Some see it as an opportunity to be the protagonist of a unique work of art, while others also associate it with an even deeper meaning, such as walking on fire or any other symbolic act which proves our value in a particular stage in our life. In any case, expectations typically go beyond photography.

The first step to make a fine art nude session a success is to select the artistic style which resonate with you. Ideally, you should already have an idea of what appeals to you, but if not, it is well worth researching the Internet or magazines. This will help you better understand the broad spectrum of the possibilities available to you. This kind of research is preferably conducted alone. The advice I give my clients is to not listen to friends or close relatives. You will know when you find what is right for you.

Once you've identified the style you're looking for, you'll know which photographer to contact. Get in touch with them, meet them and take all the time necessary to get to know each other. The relationship should be easy and natural. You have to feel comfortable with that person and be ready to give him/her all the confidence he/she need for such an experience. Preference should be given to an assertive photographer who is pleasant and professional. Choosing a photographer with a shy or unobtrusive personality can compromise your session, because he/she will find it difficult to manage his stress and especially yours. During this chemistry meeting, you need to assess whether the photographer genuinely understands you and what you would like to achieve and whether reassure you around any fears you may have. If he/she cares about these softer aspects during your interview, you will have good reason to think that he/she will behave the same way during the session.

Together, you will also have to clarify what the objectives of these photos are, what they should symbolize, what emotions they should trigger, etc. If what you are looking for are unforgettable and timeless photographs, keep in mind that what distinguishes a beautiful photo from an exceptional photo is not only its aesthetics, but also the message it conveys and the emotion that it releases. So make





sure your photographer shows interest in knowing your goals and will seek to clarify them with you. If they don't pay attention to these points, you may end up with worthless photos of yourself, nothing more. On the other hand, if you leave the chemistry meeting with a smile and happy to have met a person who understood what you truly want, you may have found the artist who will make you a work of art.

The artistic nude is a performance that needs a close collaboration based on trust, respect and communication. Everything else is secondary. Now that you're sure you've met the photographer – or better yet the artist – you need, you can relax ahead of the session. Your photographer is an expert, you chose him/her because of his/her style, experience and mastery. He/she knows the appropriate techniques, the poses that will best match your physiognomy and the symbolism that you want to immortalize. He/she will be able to direct you easily, listen to you, make you feel comfortable and pretty and make this session an unforgettable memory.

In summary, to ensure a successful fine art nude session, choose your photographer wisely. The slightest doubt you may have before or during the session, entrust it to your photographer.

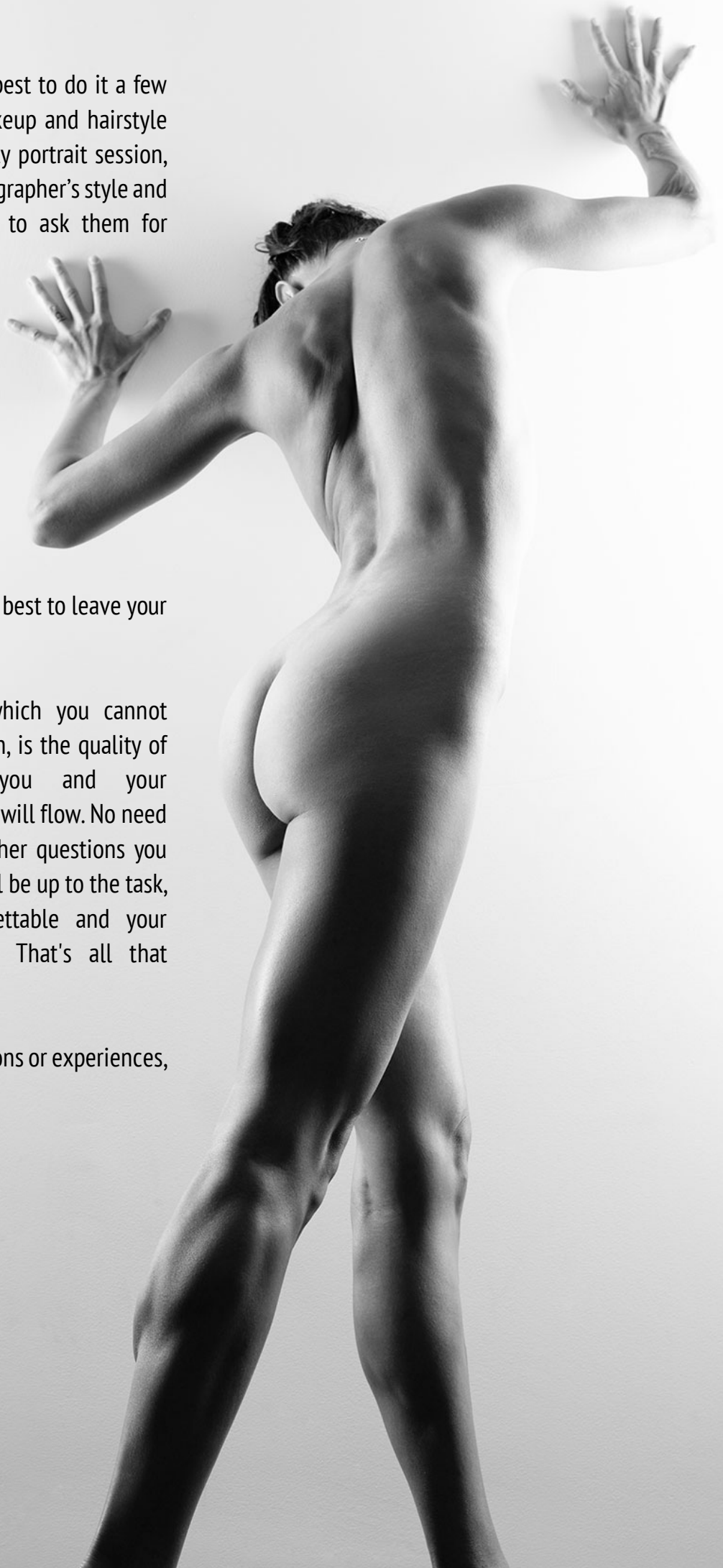
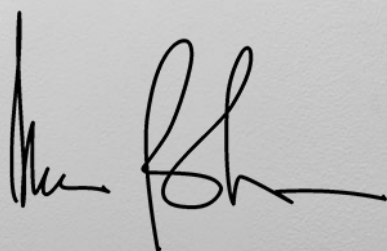
The rest is just details. They are important, but most are easy to manage on the day or the run up to the photo shoot. For example, food. Depending on the case, a session can last much more than two hours and if you start to feel hungry or dehydrated in the middle of a session, it will be difficult to maintain the level. Make sure it doesn't happen. Some sessions can tire your back, therefore you could possibly do some stretching in the days prior the

session. As for hair removal, it is best to do it a few days before to avoid redness. Makeup and hairstyle are not as important as in a beauty portrait session, but it really depends on your photographer's style and your own wishes. Don't hesitate to ask them for advice. If you can, avoid coming to the session in clothes that could leave marks on the skin, although even if this can be corrected later during editing. If you prefer to come to the session with someone you know, make sure that this person will remain a passive observer who will not disturb the session. And last but not least: it is best to leave your phone aside during the session!

The fundamental element on which you cannot overlook in a fine art nude session, is the quality of the collaboration between you and your photographer. If it is good, the rest will flow. No need to worry about the millions of other questions you might ask yourself. Both of you will be up to the task, the experience will be unforgettable and your photographs will be incredible. That's all that matters.

If you want to share your observations or experiences, don't hesitate to let me know!

Thank you for your attention,



FINE ART NUDE PHOTOGRAPHY  
MADRID & EUROPE



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